Ananda Marga Rajadhiraja Yoga Meditation classes fall 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Type of Class** | **Number of classes** | **Day & Time** | **Location** | **Teacher & Contact** |
| Yoga Meditation Therapy | Ongoing | **Mondays** 6.30 – 7.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Meditation Therapy | Ongoing | **Mondays** 11.00 – 12.00 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Mondays** 16.00 – 17.00 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Beginners Yoga  | Begins October 8 | **Mondays** 17.30 – 18.30  | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Beginners / Intermediate Yoga | Begins October 8 | **Mondays** 18.30 – 19.30  | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | Begins October 8 | **Mondays** 19.30 – 20.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | October 9 | **Tuesdays** 6.30- 7.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Drop-in Yoga Meditation | Ongoing | **Tuesdays** 9.30- 10.30 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners Yoga | October 9 | **Tuesdays** 17.30 – 18.30 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners/ Intermediate Yoga | October 9 | **Tuesdays** 18.30 – 19.30 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners/ Intermediate/ Advanced Yoga | October 9 | **Tuesdays** 19:30 – 20:30 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | October 10 | **Wednesdays** 16.00 – 17.00 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Meditation Therapy | Ongoing | **Wednesdays** 11.00 – 12.00 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Wednesdays**21.00 – 22.00 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Thursdays** 6.30 – 7.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Drop-in Yoga  | Ongoing | **Thursdays** 9.30 – 10.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Thursdays** 17.30 – 18.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Meditation Therapy | Ongoing | **Thursdays** 20.30 – 21.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | Fall | **By Appointment** | **Mosta** Brazilan Jiu Jitsu 73 St Arthur Burton Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Fridays** 16.00 – 17.00 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Yoga Meditation Therapy | July 13 | **Fridays**6.30 – 7.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Drop-in yoga | Ongoing  | **Fridays**9.30 – 10.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Beginners / Intermediate / Advanced Yoga | Ongoing | **Fridays** 19:30 – 20.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Yoga Meditation Therapy | Ongoing | **Saturdays** 6.30 – 7.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel:9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Drop-in Yoga  | Ongoing  | **Saturdays** 9.30 – 10.30  | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel:9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Yoga Meditation Therapy | Ongoing | **Saturdays** 18.30 – 19.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel:9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Meditation Therapy | Ongoing  | **Sundays** 18:30 – 19:30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel:9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |

Note – People can book classes by calling or messaging office phone- +356-21337093

Mobile phone - +356-9975 5523 WhatsApp- +1-214 315 0869 email- shubhany@gmail.com

Facebook- Rajadhiraja Yoga