Ananda Marga Rajadhiraja Yoga Meditation classes fall 2018

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| **Type of Class** | **Number of classes** | **Day & Time** | **Location** | **Teacher & Contact** |
| Yoga Meditation Therapy | Ongoing | **Mondays**  6.30 – 7.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Meditation Therapy | Ongoing | **Mondays**  11.00 – 12.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Mondays**  16.00 – 17.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners Yoga | Begins October 8 | **Mondays**  17.30 – 18.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate Yoga | Begins October 8 | **Mondays**  18.30 – 19.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | Begins October 8 | **Mondays**  19.30 – 20.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | October 9 | **Tuesdays** 6.30- 7.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in Yoga Meditation | Ongoing | **Tuesdays** 9.30- 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners Yoga | October 9 | **Tuesdays** 17.30 – 18.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners/ Intermediate Yoga | October 9 | **Tuesdays** 18.30 – 19.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners/ Intermediate/ Advanced Yoga | October 9 | **Tuesdays** 19:30 – 20:30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | October 10 | **Wednesdays**  16.00 – 17.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Meditation Therapy | Ongoing | **Wednesdays**  11.00 – 12.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Wednesdays** 21.00 – 22.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Thursdays**  6.30 – 7.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Thursdays**  9.30 – 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Thursdays**  17.30 – 18.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Meditation Therapy | Ongoing | **Thursdays** 20.30 – 21.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | Fall | **By Appointment** | **Mosta** Brazilan Jiu Jitsu 73 St Arthur Burton Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Fridays**  16.00 – 17.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | July 13 | **Fridays** 6.30 – 7.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in yoga | Ongoing | **Fridays** 9.30 – 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | Ongoing | **Fridays**  19:30 – 20.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Saturdays**  6.30 – 7.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel:9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Saturdays**  9.30 – 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel:9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Saturdays**  18.30 – 19.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel:9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Meditation Therapy | Ongoing | **Sundays** 18:30 – 19:30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel:9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |

Note – People can book classes by calling or messaging office phone- +356-21337093

Mobile phone - +356-9975 5523 WhatsApp- +1-214 315 0869 email- shubhany@gmail.com

Facebook- Rajadhiraja Yoga