Ananda Marga Rajadhiraja yoga meditation classes May-June 2018

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| **Type of Class** | **Number of classes** | **Day & Time** | **Location** | **Teacher & Contact** |
| Meditation Therapy | **Ongoing** | **Mondays**  11.00 – 12.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Mondays**  16.00 – 17.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners Yoga | Begins May | **Mondays**  17.30 – 18.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate Yoga | Ongoing | **Mondays**  18.30 – 19.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | Ongoing | **Mondays**  19.30 – 20.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in Yoga & Meditation | Ongoing | **Tuesdays** 9.30- 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners Yoga | May | **Tuesdays** 17.30 – 18.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners/ Intermediate Yoga | Ongoing | **Tuesdays** 18.30 - 19.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners/ Intermediate/ Advanced Yoga | May | **Tuesdays** 19:30 - 20:30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Meditation Therapy | **Ongoing** | **Wednesdays**  11.00 – 12.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | May | **Wednesdays** 17.00 – 18.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | May | **Wednesdays** 20.00 – 21.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | ongoing | **Thursdays**  17.30 – 18.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Meditation Therapy | ongoing | **Thursdays** 20.30 – 21.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | May | **By Appointment** | **Mosta** Brazilan Jiu Jitsu 73 St Arthur Burton Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in yoga | Ongoing | **Fridays** 9.30 – 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | ongoing | **Fridays**  19:30 – 20.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Saturdays**  9.30 – 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel:9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | ongoing | **Saturdays**  18.30 – 19.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel:9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Meditation Therapy | Ongoing | **Sundays** 18:30 – 19:30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel:9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |