 Yoga Class Schedules of March 2018

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| **Type of Class** | **Number of classes** | **Day & Time** | **Location** | **Teacher & Contact** |
| Drop-in Yoga | Ongoing | **Mondays**  11.30 – 12.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners Yoga | Ongoing | **Mondays**  17.00 – 18.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate Yoga | Ongoing | **Mondays**  18.15 – 19.15 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners/ Intermediate / Advanced Yoga | Ongoing | **Mondays**  19.30 – 20.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Tuesdays** 9.30- 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners Yoga | Ongoing | **Tuesdays** 17.00 – 18.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate Yoga | Ongoing | **Tuesdays** 18.15 – 19.15 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | Ongoing | **Tuesdays** 19.30 – 20.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Wednesdays** 11.30 - 12.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Wednesdays** 17.00 - 18.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Wednesdays** 20.00 - 21.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Thursdays** 9.30 – 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Thursdays** 17.00 – 18.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Meditation Therapy | March 1 | **Thursdays**  17.00 – 18.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Thursdays**  20.00– 21.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners/ Intermediate / Advanced Yoga | February | **By Appointments** | **Mosta**, Brazilian Jiu Jitsu,  73 Sir Arthur Burton St. | Dada Shubhacetanananda Tel: 79359833 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Fridays** 9.30 – 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners/ Intermediate / Advanced Yoga | March 2 | **Fridays**  19:30 – 20.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Saturdays**  9.30 – 10.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Advanced Yoga | Ongoing | **Saturdays** 10.30 – 11.30 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Beginners Yoga | Ongoing | **Saturdays** 16.00 – 17.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | March 4 | **Sundays**  18.00 – 19.00 | **Gzira** Yoga Centre 84 St Albert Street | Dada Shubhacetanananda Tel: 9975 5523 shubhany@gmail.com fb: Rajadhiraja Yoga |
| Advanced Group Meditation | Ongoing | **Sundays** 9.00 – 11.00 | **Gzira** Yoga Centre 84 St Albert Street | Ananda Marga Tel: 2133 7093 malta@anandamarga.net fb: anandamarga.malta |

For booking and enquiries of yoga meditation classes call office phone: 2133 7093

Mobile: 9975-5523

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