Yoga Class Schedules of March 2018

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| --- | --- | --- | --- | --- |
| **Type of Class** | **Number of classes** | **Day & Time** | **Location** | **Teacher & Contact** |
| Drop-in Yoga | Ongoing | **Mondays** 11.30 – 12.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners Yoga | Ongoing | **Mondays** 17.00 – 18.00 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Beginners / Intermediate Yoga | Ongoing  | **Mondays** 18.15 – 19.15  | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Beginners/ Intermediate / Advanced Yoga  | Ongoing | **Mondays** 19.30 – 20.30  | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Tuesdays** 9.30- 10.30 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners Yoga | Ongoing | **Tuesdays** 17.00 – 18.00 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners / Intermediate Yoga | Ongoing | **Tuesdays** 18.15 – 19.15 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | Ongoing | **Tuesdays** 19.30 – 20.30 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Wednesdays** 11.30 - 12.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Wednesdays** 17.00 - 18.00 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Wednesdays** 20.00 - 21.00 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Thursdays**9.30 – 10.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Thursdays**17.00 – 18.00 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Meditation Therapy | March 1 | **Thursdays** 17.00 – 18.00  | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Yoga Meditation Therapy | Ongoing | **Thursdays** 20.00– 21.00  | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners/ Intermediate / Advanced Yoga | February  | **By Appointments** | **Mosta**, Brazilian Jiu Jitsu, 73 Sir Arthur Burton St.  | Dada ShubhacetananandaTel: 79359833shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Drop-in Yoga | Ongoing  | **Fridays**9.30 – 10.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Beginners/ Intermediate / Advanced Yoga | March 2 | **Fridays** 19:30 – 20.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Drop-in Yoga  | Ongoing  | **Saturdays** 9.30 – 10.30  | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Advanced Yoga  | Ongoing  | **Saturdays**10.30 – 11.30  | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Beginners Yoga | Ongoing  | **Saturdays**16.00 – 17.00  | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Yoga Meditation Therapy | March 4 | **Sundays**18.00 – 19.00 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Advanced Group Meditation | Ongoing  | **Sundays** 9.00 – 11.00 | **Gzira** Yoga Centre84 St Albert Street | Ananda MargaTel: 2133 7093malta@anandamarga.netfb: anandamarga.malta |

For booking and enquiries of yoga meditation classes call office phone: 2133 7093

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