Classes March 2018

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| --- | --- | --- | --- | --- |
| **Type of Class** | **Number of classes** | **Day & Time** | **Location** | **Teacher & Contact** |
| Beginners Yoga | Ongoing | **Mondays** 17.00 – 18.00 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Beginners / Intermediate Yoga | Ongoing  | **Mondays** 18.15 – 19.15  | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Beginners/ Intermediate / Advanced Yoga  | Ongoing | **Mondays** 19.30 – 20.30  | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Tuesdays** 9.30- 10.30 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners Yoga | Ongoing | **Tuesdays** 17.00 – 18.00 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners / Intermediate Yoga | Ongoing | **Tuesdays** 18.15 - 19.15 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners / Intermediate / Advanced Yoga | Ongoing | **Tuesdays** 19.30 – 20.30 | **Gzira** Yoga Centre84 St Albert Street  | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Drop-in Yoga | Ongoing | **Thursdays**9.30 – 10.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga |
| Beginners/ Intermediate / Advanced Yoga | March  | **By Appointments** | **Mosta**, Brazilian Jiu Jitsu, 73 Sir Arthur Burton St.  | Dada ShubhacetananandaTel: 79359833shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Drop-in Yoga | Ongoing  | **Fridays**9.30 – 10.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Beginners/ Intermediate / Advanced Yoga | Ongoing | **Fridays** 19:30 – 20.30 | **Gzira** Yoga Centre84 St Albert Street | Dada ShubhacetananandaTel: 9975 5523shubhany@gmail.comfb: Rajadhiraja Yoga  |
| Advanced Group Meditation | Ongoing  | **Sundays** 9.00 – 11.00 | **Gzira** Yoga Centre84 St Albert Street | Ananda MargaTel: 2133 7093malta@anandamarga.netfb: anandamarga.malta |